

We teach, learn, lead and serve, connecting people with the University of Wisconsin, and engaging with them in transforming lives and communities. Serving Washington County since 1918, Extension educators take pride in delivering programs which apply the research, knowledge, and resources of the University of Wisconsin to meet the issues and needs of Washington County.

#### **AGRICULTURE**



If it happens on a farm or in a field, the Extension Institute of Agriculture works with you to achieve better results. Our innovative dairy management programs range from genetics to farm and business management. Extension researchers work hand-in-hand with row crop, forage and fresh produce growers to provide best practices for every aspect of the growing phase. We also advise communities on using sustainable practices to create inviting spaces free from invasive species.

#### Dairy

Tina Kohlman, Regional Dairy Agent

- A moderate and large farm operators round table discussion group in collaboration with Texas A&M Agricultural and Food Policy Center (AFPC), where participants shared and discussed representative financial and production values for dairy farms operations in the region. This effort is designed to collect data to establish a "Representative Dairy Farm"'s financial and milk and crop production values, which will be used to help develop Congressional agriculture programs through scenarios utilizing "real-word" agriculture costs and expenses.
- A dairy production and management newsletter for farmers, managers, employees, and agribusiness professionals, where subscribers learned about non-steroidal anti-inflammatory drugs (NSAIDs) use around calving time; passive immunity and colostrum management in newborn calves; assessing alfalfa winter kill and management practices for winter survival; and Extension dairy production and management resources. This effort was designed to provide a timely and reliable source of dairy management news and updates to help them improve farm business viability, environmental sustainability, and food safety through animal welfare.
- A presentation on fit for transport of calves and market cows for dairy farmers and dairy consultants, where participants learned to identify when an animal should and should not be transported. This effort was designed to improve animal health and well-being, positively impacting a farmer's ability to be economically viable.



### YOUTH DEVELOPMENT



**Positive Youth Development** prepares the youth of today to become the effective, empathetic adults of tomorrow. Our research-based youth enrichment programs like teens in governance build youth and adult capacity and partnerships that help both sides grow. 4-H clubs, camps and after-school programs give young people the handson experiences they need to develop an understanding of themselves and the world.

#### Positive Youth Development

Ron Jakubisin, 4-H Program Educator

- Guidance and support for volunteers within the 4-H Horse and Pony Project as they engage in the Charter process to obtain Club status as outlined in the policies and procedures of WI 4-H. Through this work, volunteers become informed of submission process of Charter application as well as review and updating of by-laws, handbook, etc. in order to achieve Club status by meeting the qualification for a quality WI 4-H Club.
- Guidance and support for International Travel Experience recipient and family within the 4-H
  program where we discussed opportunities for fundraising, policies and best practices utilizing
  home club and leaders board for fundraising as well as clarifying general questions rising from
  their use of the Fundraising Handbook. Through this meeting, youth participant(s) and family
  members are better informed in order to implement their personal fundraising plan(s).
- Collaborative summer camp planning and training sessions for adult volunteers and high school camp counselors to engage in team-building activities learned about the essential learning elements, and develop camp activities in order to be prepared to hold our June 2022 4-H Summer Camp successfully.
- Monthly club visits to different 4-H clubs/projectsthat strengthen the relationship between 4-H Educator and Club/Project volunteers and youth in order to sustain and grow Wash. Co. 4-H clubs/projects within the mission, policies and guidelines of Wisconsin 4-H.
- A series of meetings with Germantown's Youth Futures Youth Committee where students learn leadership skills in order to design, plan and deliver prevention activities to their middle and high school peers.



### COMMUNITY DEVELOPMENT



Community Development provides educational programming to assist leaders, communities, and organizations realize their full potential. We work with communities to build the vitality that enhances their quality of life and enriches the lives of their residents. In short, the Community Development Institute plants and cultivates the seeds for thriving communities and organizations.

Paul Roback, Community Development Educator

Since 2014, Paul and Human Development and Relationships Educator Carol Bralich have facilitated Real Colors workshops in response to organizations and local governments expressing a need for staff development in effective communication and team building. These goals align with the outcomes for Real Colors, which is an interactive three-hour workshop that teaches skills to understand human behavior and improve communication with others.

Carol and Paul taught a workshop for 23 West Bend Community Memorial Library employees. End of session evaluations were completed by 20 participants for a response rate of 87%. From attending the workshop, 95% increased their ability to recognize their strengths and 100% increase their ability to recognize the strengths of others. Additionally, 95% increased their ability to build rapport quickly with others, 100% increased their ability to understand how others process information, and 90% increased their ability to modify their communication to connect with others. Overall, participants evaluated Carol and Paul's facilitation of the workshop as a 4.9 on a 5-point Likert Scale (1=poor and 5=excellent). Commenting on how they will use what they learned from the workshop, one participant stated "I am going to respect and listen to my coworkers even more now. I understand them better." Another commented that they learned "How better to relate to my coworkers and to give them the things that they need in a work environment to succeed and feel comfortable."



### **HUMAN DEVELOPMENT AND RELATIONSHIPS**



The Extension Institute of **Human Development & Relationships** provides the tools Wisconsinites need to thrive as well-rounded, capable individuals and families. We support families in caring for each other in ways that promote growth and understanding. Our programs promote aging-friendly communities, coach effective parents and help families put technology, mindfulness and financial awareness to use.

#### Carol Bralich, Human Development & Relationship Educator

- A Registry approved four hour professional development program for early childhood professionals where they learned to understand and address challenging behaviors of children.
   The goal of this program is to support providers with social and emotional learning strategies so they can better support the children in their care and the families of those children.
- A series of e-mail communications for community partners where they learn about parenting, relationships, family caregiving, finances and well-being so that they can share the latest resources with their clients. The purpose of this effort is to improve parenting skills, support their family caregiving role and improve their financial skills and their personal well-being.
- A 7-session course that helps adults of all ages to make end-of-life financial, healthcare, and final
  wishes decisions in order to reduce the stress experienced by survivors and to ensure that their
  wishes are honored.
- An online self-study program, where participants learned about spending plans, credit, and paying bills on time. This effort is designed to improve the success of participants in maintaining timely payments so they have transportation to access employment and improve their credit score.

Tina Kohlman
Regional Dairy Agent

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4-H Program Educator

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Community Development

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