



We teach, learn, lead and serve, connecting people with the University of Wisconsin, and engaging with them in transforming lives and communities. Serving Washington County since 1918, Extension educators take pride in delivering programs which apply the research, knowledge, and resources of the University of Wisconsin to meet the issues and needs of Washington County.

AGRICULTURE



If it happens on a farm or in a field, the Extension Institute of Agriculture works with you to achieve better results. Our innovative dairy management programs range from genetics to farm and business management. Extension researchers work hand-in-hand with row crop, forage and fresh produce growers to provide best practices for every aspect of the growing phase. We also advise communities on using sustainable practices to create inviting spaces free from invasive species.

Dairy

Tina Kohlman, Regional Dairy Agent

- Development and planning for in-person CAFO (Confined Animal Feeding Operations) Update Meeting series for WPDES (WI Pollutant Discharge Elimination System) permitted farms, crop and dairy managers, agriculture engineers, crop consultants, agronomists, professional and on-farm nutrient applicators, government agency personnel, and other interested individuals in collaboration with WI DNR (Department of Natural Resources). The goal of this effort is to discuss and teach individuals to protect ground and surface water and dairy farm sustainability through dairy management and feeding efficiency; manure storing and handling; and nutrient management utilizing the latest research and regulatory updates to improve farm business viability and environmental sustainability.
- A dairy forage nutrition and management meeting for dairy owners/operators, managers, employees, and agribusiness professionals where they learned about forage handling and storage management, return on investments of forage production inputs, and reducing greenhouse gas emissions from dairy cows to increase farm business viability, environmental sustainability, and food safety.
- A presentation for dairy owners/operators, managers, employees, and agribusiness professionals where they learned feeding strategies to increase feed efficiency and reduce greenhouse gas emissions from the cow to increase farm business viability and environmental sustainability.



Extension

UNIVERSITY OF WISCONSIN-MADISON
WASHINGTON COUNTY

JANUARY 2023 REPORT

HUMAN DEVELOPMENT AND RELATIONSHIPS



The Extension Institute of **Human Development & Relationships** provides the tools Wisconsinites need to thrive as well-rounded, capable individuals and families. We support families in caring for each other in ways that promote growth and understanding. Our programs promote aging-friendly communities, coach effective parents and help families put technology, mindfulness and financial awareness to use.

Carol Bralich, Human Development & Relationship Educator

- A series of e-mail communications for community partners where they learn about parenting, relationships, family caregiving, finances and well-being so that they can share the latest resources with their clients. The purpose of this effort is to improve parenting skills, support their family caregiving role and improve their financial skills and their personal well-being.
- A 7-session course that helps adults of all ages to make end-of-life financial, healthcare, and final wishes decisions in order to reduce the stress experienced by survivors and to ensure that their wishes are honored.
- An online self-study program, where participants learned about spending plans, credit, and paying bills on time. This effort is designed to improve the success of participants in maintaining timely payments so they have transportation to access employment and improve their credit score.
- Planning for early learning professional development, with Registry credit, for child care providers. The goal of the conference is to help early childhood professionals understand and address challenging child behaviors so they can better communicate with the parents and support the children in their care.

YOUTH DEVELOPMENT



Positive Youth Development prepares the youth of today to become the effective, empathetic adults of tomorrow. Our research-based youth enrichment programs like teens in governance build youth and adult capacity and partnerships that help both sides grow. 4-H clubs, camps and after-school programs give young people the hands-on experiences they need to develop an understanding of themselves and the world.

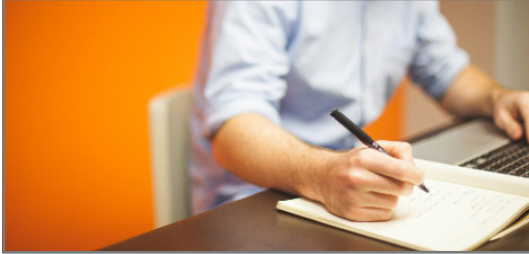
Positive Youth Development

Ron Jakubisin, Positive Youth Development Educator

- No Report



COMMUNITY DEVELOPMENT



Community Development provides educational programming to assist leaders, communities, and organizations realize their full potential. We work with communities to build the vitality that enhances their quality of life and enriches the lives of their residents. In short, the Community Development Institute plants and cultivates the seeds for thriving communities and organizations.

Paul Roback, Community Development Educator

The Executive Director of Senior Citizen Activities, Inc. contacted Paul to provide board development training and facilitate a strategic planning process that would engage the organization's board of directors and staff. Paul met with the board president and executive director to discuss the needs of the organization and then surveyed thirteen board and staff members to request their input in the development of preferred mission, vision, and value statements. Then, he facilitated three strategic planning sessions.

At the first session, eleven participants learned about board roles and responsibilities and developed draft vision and mission statements. At the second session, participants identified organizational strengths, weaknesses, opportunities, and challenges; finalized mission and vision statements; identified values and goals; and developed the next steps. At the third session, participants created definitions for value statements, developed a board member commitment agreement, and discussed board recruitment strategies.

Through evaluation (N=11), 90% of participants agreed that discussing a vision statement assisted them in understanding the general direction for their organization's future, 100% agreed discussing a mission statement helped clarify their role as an organization, 100% agreed that discussing core values assisted them in clarifying the guiding principles for our organization's culture, and 90% agreed that identifying and prioritizing goals increased their ability to identify issues and set priorities. Participants evaluated Paul's facilitation as a 4.9 on a 5-point Likert Scale (1=poor and 5=excellent).



FOOD SECURITY, HEALTHY EATING, AND HEALTHY LIVING



FoodWise advances healthy eating habits, active lifestyles and healthy community environments for families with limited incomes through nutrition education at the individual, community and systems levels. FoodWise reaches individuals and families through local community partners by providing nutrition classes in-person and virtually, indirect education (newsletters, etc.), and social media/marketing. FoodWise is an obesity prevention program that addresses policy, system and environmental changes through local and state public health efforts.

FoodWise is federally funded by the Supplemental Nutrition Assistance Program-Education (SNAP-Ed) and the Expanded Food and Nutrition Education Program (EFNEP).

Pamela Bartoli, FoodWise Nutrition Coordinator

- A series of six nutrition educational lessons (Color Me Healthy) for Pre-K students in the West Bend School District Head Start program where they learn about the importance of eating fruits and vegetables along with being physically active. The goal of the series was to encourage children to build healthy habits and try new foods.
- A four-week nutrition education series (Teen Cuisine) for teens at The Boys and Girls Club of Washington County where they learn about nutrition, food preparation/cooking, and food safety. The goal of this effort is to empower the participants to adapt healthier lifestyles by teaching them the knowledge and skills needed to prepare nutritious snacks and meals at home.

Tina Kohlman
Regional Dairy Agent

Ron Jakubisin
Positive Youth Development Educator

Paul Roback
Community Development Educator

Carol Bralich
Human Development & Relationships Educator

Pamela Bartoli
FoodWise Nutrition Coordinator

Cindy Sarkady
Area Extension Director

Karen Girard
Support Staff

Cassi Worster
Area Marketing Specialist