



We teach, learn, lead and serve, connecting people with the University of Wisconsin, and engaging with them in transforming lives and communities. Serving Washington County since 1918, Extension educators take pride in delivering programs which apply the research, knowledge, and resources of the University of Wisconsin to meet the issues and needs of Washington County.

## YOUTH DEVELOPMENT



*Positive Youth Development prepares the youth of today to become the effective, empathetic adults of tomorrow. Our research-based youth enrichment programs like teens in governance build youth and adult capacity and partnerships that help both sides grow. 4-H clubs, camps and after-school programs give young people the hands-on experiences they need to develop an understanding of themselves and the world.*

### **Positive Youth Development**

*Ron Jakubisin, Positive Youth Development Educator*

- A monthly board meeting (“Germantown Youth Futures”) for Germantown key stakeholders where we collaboratively plan year-round positive youth activities that promote positive peer norms, AOD prevention messaging, and adult/youth connections.
- A series of meetings with Germantown’s Youth Futures Youth Committee where students learn leadership skills in order to design, plan and deliver prevention activities to their middle and high school peers.
- A series of workshops with incarcerated youth of Washington County (12-17 year olds) increasing youth’s knowledge and life-skill strategies concerning topics such as problem-solving skills, goals-setting, positive decision making, alcohol & vaping facts.
- Collaboration with the Washington County Juvenile Detention Supervisor in planning a series of workshops with incarcerated youth addressing life-skill issues such as problem-solving skills, goals-setting, positive decision making and alcohol, vaping facts. workshops would be delivered (separately) to the populations divided at the detention center as ‘male’ and ‘female’.



## AGRICULTURE



*If it happens on a farm or in a field, the Extension Institute of Agriculture works with you to achieve better results. Our innovative dairy management programs range from genetics to farm and business management. Extension researchers work hand-in-hand with row crop, forage and fresh produce growers to provide best practices for every aspect of the growing phase. We also advise communities on using sustainable practices to create inviting spaces free from invasive species.*

### **Dairy & Livestock**

*Tina Kohlman, Regional Dairy Agent*

- A carcass show for livestock and dairy youth, where they learned about meat quality assurance and meat production. This effort is designed to teach youth how their dairy-beef, beef, and/or swine project fits into real world agriculture, improving farm business viability while protecting food safety.
- Planning and development for a series of short-videos for dairy farmers, managers, herds person, and employees in collaboration with Soaring Eagle Dairy. The goal of this effort is to provide short training video clips to teach individuals research-based industry practices improve fresh cow wellbeing and welfare to increase farm business viability while protecting food safety.
- Planning for a bilingual dairy workers newsletter for on-farm dairy employees in collaboration with Language Access and Office of Access, Inclusion, and Compliance. The goal of this effort is provide a dairy resource to an underserved audience in order for them to gain new knowledge and best management practices to incorporate on the farm to help maintain and grow economic viability.

### **Crops and Soils**

*Mike Ballweg, Regional Crops and Soils Agent*

- A research project to evaluate nitrogen applications to winter cereal forage crops. Results from this study will help farmers and agricultural professionals determine the most economic and environmental N fertilizer rates for optimizing winter cereal crops yields. Winter cereal forage crops (cereal rye, triticale, etc...) have seen a substantial increase in the number of acres farmers are planting and harvesting. Winter cereal forages are becoming a regular part of forage supplementation in the lactating dairy herd ration.
- An Extension Badger Crop Connect Zoom meeting for farmers and agricultural professionals where they learned about the using fungicides on corn and soybeans for protecting yields against Tar Spot and White Mold. Using fungicides within the context of an Integrated Pest Management approach will protect farm profits, reduce fungicide resistance, and protect the environment.
- Developed a regional (Sheboygan, Ozaukee, Washington, and Fond du Lac counties) electronic newsletter (with colleagues), where readers learned about current and relevant UW-Madison Extension research, BMPs and additional Extension resources so that they can better manage their farm businesses.



## COMMUNITY DEVELOPMENT



*Community Development provides educational programming to assist leaders, communities, and organizations realize their full potential. We work with communities to build the vitality that enhances their quality of life and enriches the lives of their residents. In short, the Community Development Institute plants and cultivates the seeds for thriving communities and organizations.*

Paul Roback, Community Development Educator

The executive director of FRIENDS, Inc., a local nonprofit, contacted Paul to facilitate a process that would update the organization's 2019 strategic plan. Paul facilitated the 2019 planning process and as FRIENDS began implementing the plan, the COVID-19 pandemic caused a significant impact in time and resources to address daily operations. Now that the pandemic has improved, there is a need to revisit the 2019 strategic plan to determine what is still relevant, what needs to change, and what needs to be added based on current and future realities. To address this need, Paul facilitated three planning sessions with the organization's board and staff

At the first session, 20 participants reviewed two of the goals and strategies identified during the 2019 planning process, and provided an update on the status of each. Then Paul facilitated a conversation with the session participants to clarify questions and identify any changes. After this discussion, participants broke into smaller groups to discuss goals and strategies for a specific strategic category. At the second session, 17 participants discussed two additional goals following the same format as the first session. At the third planning session, 11 participants reviewed the work completed, made adjustments, and identified missing goals and strategies.

Through evaluation, 100% of participants agreed that the facilitated process assisted them in identifying goals and objectives. Additionally, 100% agreed that the goals and objectives identified are achievable for our organization. Participants evaluated Paul's facilitation as a 4.9 on a 5-point Likert Scale (1=poor and 5=excellent).



Extension

UNIVERSITY OF WISCONSIN-MADISON  
WASHINGTON COUNTY

## AUGUST 2022 REPORT

### HUMAN DEVELOPMENT AND RELATIONSHIPS



*The Extension Institute of **Human Development & Relationships** provides the tools Wisconsinites need to thrive as well-rounded, capable individuals and families. We support families in caring for each other in ways that promote growth and understanding. Our programs promote aging-friendly communities, coach effective parents and help families put technology, mindfulness and financial awareness to use.*

*Carol Bralich, Human Development & Relationship Educator*

- A series of e-mail communications for community partners where they learn about parenting, relationships, family caregiving, finances and well-being so that they can share the latest resources with their clients. The purpose of this effort is to improve parenting skills, support their family caregiving role and improve their financial skills and their personal well-being.
- An online self-study program, where participants learned about spending plans, credit, and paying bills on time. This effort is designed to improve the success of participants in maintaining timely payments so they have transportation to access employment and improve their credit score.
- Planning for financial capability education workshops and newsletter distribution for Head Start families, where they will learn about strategies and tools to address financial concerns. The goal of this program is to support parents by offering financial resources so they can improve their financial well-being and become more financially secure.

## FOOD SECURITY, HEALTHY EATING, AND HEALTHY LIVING



*FoodWise advances healthy eating habits, active lifestyles and healthy community environments for families with limited incomes through nutrition education at the individual, community and systems levels. FoodWise reaches individuals and families through local community partners by providing nutrition classes in-person and virtually, indirect education (newsletters, etc.), and social media/marketing. FoodWise is an obesity prevention program that addresses policy, system and environmental changes through local and state public health efforts.*

*FoodWise is federally funded by the Supplemental Nutrition Assistance Program-Education (SNAP-Ed) and the Expanded Food and Nutrition Education Program (EFNEP).*

*Pamela Bartoli, FoodWise Nutrition Coordinator*

- A six-week nutrition education series (FoodSmarts) for adults with developmental disabilities at The Threshold, Inc. where they learn about nutrition, food preparation/cooking, and food safety. The goal of this effort is to empower the participants to adapt healthier lifestyles by teaching them the knowledge and skills needed to prepare nutritious snacks and meals at home.

Mike Ballweg  
*Regional Crops and Soils Agent*

Tina Kohlman  
*Regional Dairy Agent*

Ron Jakubisin  
*Positive Youth Development Educator*

Paul Roback  
*Community Development Educator*

Carol Bralich  
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