

## EDUCATIONAL PROGRAMMING

### COMMUNITY DEVELOPMENT

*Paul Roback | 262-335-4480*

In 2019, Paul provided **Organizational Development** programming to nine organizations (nonprofits, governments, and coalitions). End of year evaluations were conducted with seven organizations that completed planning processes. Five responses were received and all responses indicated that as a result of Paul's facilitation, their organization had been strengthened, had been more strategic in fulfilling their mission, and had an increased capacity to address community issues and opportunities. When asked to provide feedback on Paul's overall performance, one participant commented that "Paul's work exceeded expectations. Our organization is determining next steps based on Paul's final report."

Additionally, 11 staff development **Real Colors®** workshops were held with 287 participants. As a result, 96% increased their ability to recognize their strengths and the strengths of others. 91% increased their ability to build rapport quickly with others. 95% increased their ability to understand how others process information and 89% increased their ability to modify their communication to connect with others.

### POSITIVE YOUTH DEVELOPMENT

*Ron Jakubisin | 262-335-4481*

#### Developing PYD Plan of Work for 2020

Ron's participation in January meetings at coalitions, committees and with stakeholders such as the Washington Co. Coalition for Healthy Relations, Germantown's Youth Future's group and Kennedy Middle School's Wellness and the Tobacco Control coordinator of Washington Co. help guide the process of developing goals and activities for 2020-2021.

Ron will utilize his outreach efforts, information and data collected throughout Washington County to develop his 2020 plan of work. UW-Madison, Division of Extension provides the guidelines and requirements for work plan development.

Pictured above: Ron assisted Amy Mangan-Fisher, 4-H Coordinator at a recent event at the Boys & Girls Club that promoted 4-H to youth that have never heard of 4-H.



1st and 2nd graders learning to juggle!



## Extension

UNIVERSITY OF WISCONSIN-MADISON  
WASHINGTON COUNTY

## Program Highlights February 2020



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### UPCOMING EVENTS

#### FEBRUARY

- Wed., Feb., 5th** **Rent Smart**, Public Agency Center, Room 3224, West Bend, 5:30 - 8 pm
- Tue., Feb., 11th** **Cultivating Your Farm Business' Future**, American Legion Post, Kewaskum, 1 - 4 pm
- Tue., Feb., 11th** **Triple P: Power of Positive Parenting**, Washington Co. Family Center, West Bend, 6 - 7:30 pm
- Wed., Feb., 12th** **Rent Smart**, Public Agency Center, Room 3224, West Bend, 5:30 - 8 pm
- Tue., Feb., 18th** **Triple P: Power of Positive Parenting**, Washington Co. Family Center, West Bend, 6 - 7:30 pm
- Thu., Feb., 20th** **West Bend Boys & Girls Club 4-H Cake Decorating** workshop, West Bend Registration through the Boys & Girls Club, 5 - 6 pm
- Tue., Feb., 25th** **Cultivating Your Farm Business' Future**, American Legion Post, Kewaskum, 1 - 4 pm
- Tue., Feb., 25th** **Cattle Feeders Workshop**, Chissy's, Waldo, 5:30 - 8:00 pm

#### LAND USE & PLANNING COMMITTEE

(Extension Oversight Committee)

Jeffrey Schleif-Chair

Brian Gallitz

Joe Gonnering

Roger Kist

Keith Stephan

#### Area Extension Director

Cindy Sarkady

*"Extending the knowledge and resources of the University of Wisconsin to people where they live and work."*

## EDUCATIONAL PROGRAMMING

### AGRICULTURE EDUCATION

*Steph Plaster | 262-335-4477*

Stephanie developed and hosted “**Building Our Dairy Future: Robotic Milking System Performance and Efficiency**” with several regional colleagues. Ninety participants attended the day long meeting featuring Jouni Pitkaranta, architect from 4DBarn in Finland; Jim Salfer, Regional Dairy Specialist from University of Minnesota Extension; and a panel consisting of a farm couple who installed a robotic milking system and their lender, builder, and system dealer.

As a result of attending the program, participants (n=49) indicated a +1.0 point (on a 5-point Likert Scale) increase in knowledge on facility design considerations for an automatic milking system (AMS), a +1.1 pt increase in factors affecting profitability of AMS, a +1.1 pt increase in key factors that affect labor efficiency in AMS, and a +1.0 pt increase experiences and challenges with planning and implementing an AMS. One participant sent an email after the program stating, “The robotic meeting today that Extension hosted was well put together and very informative. Thanks for helping organize/put together. A job well done!”

### 4-H YOUTH DEVELOPMENT

*Amy Mangan-Fischer | 262-335-4478*

**Supporting Youth Leaders:** 4-H offers youth opportunities to step out of their comfort zone and lead a meeting, an activity, or a conversation. 4-H offers youth a safe space to try-on being a leader.

One of these opportunities was through a Zoom video conferencing meeting held in January. Seven youth club presidents and vice presidents participated in the online meeting that was co-facilitated by Amy Mangan-Fischer and a youth leader. The youth that attended all shared best practices and supported each other. One youth commented, “just getting on this call was scary.” To which another youth said, “you’re doing great.” It is in these moments that 4-H is growing leaders.

Amy Mangan-Fischer also coordinated a clowning workshop at the West Bend Boys and Girls Club. The session was attended by 21 youth and was facilitated by eight 4-H youth leaders, three adult 4-H volunteers, and Ron Jakubisin, Positive Youth Development Educator. Youth learned the basics of creating balloon animals, face painting, and juggling! Youth present grew in their self-confidence. It was a win-win!

### HUMAN DEVELOPMENT & RELATIONSHIPS

*Carol Bralich | 262-335-4479*

The Extension “**Check Your Free Credit Report: 2/2, 6/6, 10/10**” campaign makes it easier to remember to order your free credit reports. Anyone can sign up to receive an email reminder from Extension three times a year—on 2/2, 6/6, and 10/10—on the campaign’s website: [fyi.extension.wisc.edu/creditreport](http://fyi.extension.wisc.edu/creditreport). More than 1000 Wisconsinites have already signed up for email reminders; 26 from Washington County.

The added nudge from the reminder emails helps people to follow through on ordering their free credit report. In the 2019 year end survey of campaign participants, one-third had checked their email before signing up for an email reminder. After getting email reminders, three-quarters of participants had checked their credit reports in the past year. And, the majority of those viewing their credit report found no errors, but that still left 6 percent of respondents who found an error on their report and needed to contact a credit bureau. Also, 7 percent identified a way to improve their credit. Carol promotes the reminder tool at financial programs and trainings throughout the year and via local media outlets

### NUTRITION EDUCATION (FoodWise/SNAP-Ed)

*Renee Vertin | 262-335-4841*

A 4th session closed out a FW program series to Pre-Vocational Trainees of **The Threshold Inc.** Because the group was comprised of learners who were new to FW, as well as some who had attended previously, Renee reviewed basics and provided new content. Participants learned how to plan a MyPlate meal, to read Nutrition Facts labels, and to access a food-keeper app with their tablets or smart phones to follow recommended storage guidelines. A hands-on cooking activity took place with two learners volunteering to demonstrate their knowledge & skills on how to 1) follow a recipe, 2) cook a whole grain food, 3) combine it with another food group to enhance nutrition content, and 4) follow guidelines for proper food handling & safety in the kitchen. The next TTI series may use produce harvested from a container garden.

Participants at **ADRC** (West Bend, Kewaskum, Hartford), **Sts. Boniface & Gabriel Community Pantry**, **WIC**, and **TTI** received instruction on more ways to prepare & boost nutrition of **United Way** package meals. Toured **Slinger Food Pantry** to re-establish relationship, share resources.