



COMMUNITY DEVELOPMENT

Paul Roback
262-335-4480

The President of **Senior Citizen Activities, Inc. (SCAI)** contacted Paul to facilitate a strategic planning process for their organization. SCAI operates the West Bend Senior Center. Paul previously worked with SCAI in 2008. A pre-planning meeting with the organization's leadership resulted in Paul facilitating two strategic thinking sessions, which included a demographic overview, updating mission and vision statements, goal identification, and action planning. At the end of the process, Paul developed a report and the organization is working on implementing their plan.

As a result of Paul's facilitation, 90% agreed that updating the mission statement helped clarify their role as an organization, 100% agreed that creating a vision statement assisted them in understanding the general direction for their organization's future, 100% agreed that identifying goals increased their ability to identify issues and set priorities, and 90% agreed that discussing action plans increased their ability to identify their next steps for implementation. Overall, 100% of participants evaluated Paul's facilitation as good or excellent.



University of Wisconsin-Extension

Program Highlights August 2018



UPCOMING EVENTS

AUGUST

- Tue., Aug., 7th** Annual HCE Picnic, Jackson Park Shelter 5:00 pm
- Wed., Aug., 15th** 4-H Open House, Washington County Fair Park, Small Animal Building, 5:00-7:00 pm
- Mon., Aug., 27th** Mini 4-H Open House, United Way Hartford Resource Center, 6:00-8:00 pm

SEPTEMBER

- Mon., Sep., 3rd** UW-Extension office **closed** in observance of the Labor Day holiday

OCTOBER

- Wed., Oct., 10th** UW-Extension Washington County 100th Anniversary, Washington County Government Center, Room 1020, 4:30-6:00 pm

PUBLIC WORKS COMMITTEE

(UW-Extension Oversight Committee)

- Jeffrey Schleif-Chair
- Brian Gallitz
- Joe Gonnering
- Roger Kist
- Michael Parsons

Area Extension Director
Cindy Sarkady

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EDUCATIONAL PROGRAMMING

AGRICULTURE EDUCATION

Steph Plaster
262-335-4477



UW Extension Master Gardener Volunteers at Fair: All year the Master Gardener Volunteers have been working hard to tend several garden beds at the fairgrounds. Planning started last year to select a team lead, plan an educational focus, select and start plant varieties, and design the educational displays and games. The theme this year was selected to be Farm to Table, and activities include identifying which plants contribute to popular food items, a pepper variety trial with information on each variety, a display on why and how to compost at home, and a tent where the public can “Ask a Master Gardener”. They also had a unique plant that smells just like popcorn. Forty-three



volunteers filled 64 volunteer slots to make this year’s fair a success!

4-H YOUTH DEVELOPMENT

Amy Mangan-Fischer
262-335-4478



Learning New Things at Camp: This summer Washington County 4-H Summer Camp was attended by 54 third to sixth grade campers. Base camp was planned and facilitated by 13 adult volunteers and 17 youth staff members. This year’s camp theme was “Proud to be an American.” Youth learned about the founding of America, American national parks and landmarks, and aspects of the government. Youth also had an opportunity to explore archery, crafts, nature, team building and waterfront activities.

This year 12 campers attended Outpost camp with two adult volunteers. Outpost campers are in 7th and 8th grade. The campers stay in tents (instead of cabins), make their own meals, and have more responsibility and freedom than base campers. Youth loved kayaking, rock climbing at Devil’s Lake and getting to know each other.



FAMILY LIVING EDUCATION

Carol Bralich
262-335-4479



In partnership with **Casa Guadalupe**, Carol coordinated and taught a series of parenting workshops at the Hartford United Way Resource Center and Casa Guadalupe Education Center in West Bend. The first bilingual workshop in June, provided an opportunity for families (13 participants) to explore positive parenting techniques, using the Triple P “Positive Parenting” Seminar. The core principles include having a safe and positive learning environment, using assertive discipline, having realistic expectations, and taking care of yourself as a parent. The second workshop, “Taking Care of You”, a University of Missouri Extension research-based program, provided information on the dimensions of health (physical, mental, social and spirit) and practical strategies to help deal with stress in their lives. In addition, the 8 participants received the original goal sheets completed at the workshop, in a follow up mailing one month after the workshop to review their goals.

As the parents were learning in the adult workshops, their children were engaged in a summer literacy program with the 4-H Summer Outreach Educator and youth volunteers.

NUTRITION EDUCATION (FoodWise/SNAP-Ed)

Renee Vertin
262-335-4841



Summer Nutrition Educator Kelly Lee provided programs to youth at **Parks (Hartford and West Bend)** and **Arbor Trace Apts.**, and to adults at **WIC** clinics in both cities. Her training continues: completion of modules, and observation of a program in Fond du Lac to adults with disabilities.

FoodWise continues to support healthy community environments for low-income families through community and systems work; Renee participated in meetings of the **Well Washington County** and **Community Support Coalitions** and the Board of Directors for **Full Shelf Food Pantry**.

For a second season, FoodWise provides mini-lessons to **Albrecht Free Clinic** outpatients on the use and prep of the donated produce they receive from the **St. Joseph Hospital Campus Garden** project. Produce yield is maximized by the garden caretakers who practice double-cropping.

