

COMMUNITY DEVELOPMENT

Paul Roback
262-335-4480

The Executive Director and Board President of LIFE OF HOPE contacted Paul to facilitate a process that would allow their board and staff to discuss strategic issues impacting the organization and identify actions steps to move forward with. LIFE OF HOPE's mission is to reduce the number of suicide attempts thereby leading to a natural reduction in the lives lost to, and effected by, suicide.

Paul facilitated a 3-hour planning session with 18 participants. Through evaluation, 100% of participants indicated that discussing key strategic issues helped to clarify their direction as an organization and that discussing action steps increased their ability to focus strategic issues into future actions. One participant commented that "I feel like I now know why and how we're going to get to the next step/level." Overall, 100% participants evaluated Paul's facilitation as excellent. One participant commented that Paul "did a great job of keeping us on task and keeping us engaged. [He] also let us discuss topics that we were passionate about." Another commented that "Paul did a great job at capturing so much data from such a large outspoken group."



University of Wisconsin-Extension

Program Highlights July 2018



UPCOMING EVENTS

JULY

- Wed., Jul., 4th** UW-Extension Washington County offices will be **closed** in observance of the Independence Day holiday
- Sat., Jul., 14th** **Master Gardeners at the West Bend Farmers Market** 7:00 am - 11:00 am Topic: Succulent plants
- Tue., Sun., Jul., 24th-29th** **Washington County Fair**, West Bend
- Wed., Jul. 25th** **4-H Clothing Style Show**, Washington County Fair Park, Ziegler Family Expo Building Stage, 6:00 pm

AUGUST

- Tue., Aug., 7th** **Annual HCE Picnic**, Jackson Park, 5:00 pm
- Wed., Aug., 15th** **4-H Open House**, Washington County Fair Park, Small Animal Building, 5:00-7:00 pm
- Mon., Aug., 27th** **Mini 4-H Open House**, United Way Hartford Resource Center, 6:00-8:00 pm

PUBLIC WORKS COMMITTEE

(UW-Extension Oversight Committee)

Jeffrey Schleif-Chair
Brian Gallitz
Joe Gonnering
Roger Kist
Michael Parsons

Area Extension Director
Cindy Sarkady

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EDUCATIONAL PROGRAMMING

AGRICULTURE EDUCATION

Steph Plaster
262-335-4477



UW Extension Master Gardener Volunteers: The Volunteers are busy staffing an educational booth at the West Bend Farmers Market, maintaining garden plots at two community gardens, hosting educational programs at libraries and local gardens, staffing a Plant Health Adviser helpline through the Extension office, and preparing garden beds for their booth at the county fair.

At the West Bend Farmer's Market, Master Gardener Volunteers answer the public's gardening questions on many topics, including vegetable disease and insect issues, indoor plant concerns and landscape topics. Each month there is a hands-on activity for youth. June's topic was Seed Planting. This is also a good chance for them to network and promote the Master Gardener Training, helping to identify others who may be interested in being part of this great group of knowledgeable volunteers.



4-H YOUTH DEVELOPMENT

Amy Mangan-Fischer
262-335-4478



Zombie Survival Day Camp: The camp was held for the fourth time June 12-14 at Washington County Fair Park. Camp again filled to capacity with 50 campers entering grades 6-8. All of the activities were very well received, especially the final zombie apocalypse simulation which many campers listed as the activity they enjoyed the most saying, "The simulation because we put all our knowledge to work." Some of the critical life skills strengthened included first aid, emergency preparedness and response, planning, communication, teamwork, and problem solving. One camper said, "I normally like to work alone because I feel like I can't trust. But because of this camp, I think I'll be able to work in a team more often."

Campers also helped families in an emergency by creating 84 meal kits for Family Promise of Washington County. These meal kits will be given to families during the six weeks Family Promise doesn't have churches to provide shelter and meals for these families. Additionally, campers used their creativity to design activity placemats for the meal kits, which also included crayons.

FAMILY LIVING EDUCATION

Carol Bralich
262-335-4479



Washington County Association for Home and Community Education (HCE): HCE members have successfully completed their 16th school year partnering with the Washington County Head Start program and six child care centers, reaching over 200 children countywide. Wisconsin Bookworms™ volunteer readers share one book per month with 4 year olds in the classroom. Children receive a free copy of each book and parents receive an activity guide to reinforce the book content. A Head Start teacher noted: "The Wisconsin Bookworms™ program has several benefits for my at-risk students, including the regular presence of another adult who genuinely enjoys being with the children, and exposure to different vocabulary and experiences the reader shares."

In addition, HCE members have collectively contributed over 400 volunteer hours in their communities over the past 12 months by donating items to local nonprofit organizations and reading and fundraising for the Wisconsin Bookworms™ program. The HCE organization also awarded two \$500 scholarships for college education for two young adults at their annual Spring Fling event in 2018.

NUTRITION EDUCATION (FoodWise/SNAP-Ed)

Renee Vertin
262-335-4841



New Colleague: UW-Extension of Washington County welcomes Kelly Lee to its office team. Kelly began her position as a Summer FoodWise Nutrition Educator on 6/12/18. She is a third year student at UW-Stevens Point, majoring in Dietetics. After onboarding, Kelly will collaborate with **seven FoodWise Partners**, providing nutrition education to their youth and adult clients.

Renee provided educational programs in Hartford and West Bend to adults attending the Summer Programs of **Casa Guadalupe Education Center**. Five participants learned how to analyze food labels for calcium and vitamin D content—key nutrients to help avoid osteoporosis (brittle bone disease). Three of five participants (60%) stated they and/or family members have lactose intolerance; all five participants learned from the Educator ways to ensure adequate intake of foods rich in these nutrients.

