



COMMUNITY DEVELOPMENT

Paul Roback
262-335-4480

Measuring Long-term Outcomes: Paul conducted an end of year evaluation with eight organizations that he provided organizational development programming with in 2017. Longer-term outcomes were measured through an on-line survey. The survey responses indicated that as a result of Paul's facilitation, 88% agreed that their organization has been strengthened, 88% agreed that their organization has been more strategic in fulfilling their mission and 88% agreed or strongly agreed that their organization has an increased capacity to address community issues and opportunities. One survey response included that "Paul's leadership during the strategic planning process and his skillful guidance of our board helped us to create an exceptionally effective tool to help us guide our organization into the future."

In 2018, Paul is currently working with the Kettle Moraine YMCA, Cedar Lake Conservation Foundation, Senior Citizens Activities (West Bend Senior Center), Washington County Sexual Assault Response Team, Washington County Historical Society, and the West Bend Noon Rotary.



University of Wisconsin-Extension

Program Highlights March 2018



UPCOMING EVENTS

MARCH

- Thu., Mar. 1st **Extension Insight: Dairy Reproduction Meeting**, American Legion, Belgium, 10am-12pm
- Sat., Mar. 3rd **Youth Tractor & Machinery Safety**-first class at Public Agency Center, next Allenton, last two in Addison, 9am-3pm
- Mon., Mar. 12th **Volunteer in Preparation Training**, Public Agency Center, Room 1023, 12-2pm
- Mon., Mar. 12th **Volunteer in Preparation Training**, Public Agency Center, Room 3005, 6:30-8:30pm
- Wed., Mar. 14th **Building a Spending Plan**, Public Agency Center, Room 1023, 6:30- 8:00pm
- Mon., Mar. 26th **County Fair Judge Training Webinar**, Pre-registration required for online access, 6-8pm

APRIL

- Thu., Apr. 5th **Heart of the Farm: Women in Agriculture**, Millhome Supper Club, Kiel, 10am-3pm
- Wed., Apr. 11th **Building a Spending Plan workshop**, Public Agency Center, Room 1023 PAC, 3:00pm

PUBLIC WORKS COMMITTEE

(UW-Extension Oversight Committee)

- John Bulawa-Chair
- Daniel Goetz-Vice Chair
- Michael Miller-Secretary
- Michael Parsons
- Jeffrey Schleif
- Area Extension Director**
- Cindy Sarkady

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EDUCATIONAL PROGRAMMING



AGRICULTURE EDUCATION

Steph Plaster
262-335-4477

Cultivating Your Farm Business's Future: Over the last month, Stephanie developed and implemented three farm business succession programs with two agriculture extension colleagues on transferring the farm, estate planning, and retirement planning. Twenty-seven people attended the program on transferring the farm, thirty attended estate planning, and thirty attended the retirement planning workshop. As a result of attending the workshops, participants indicated they now have strategies for using farm financial analysis to make targeted decisions regarding farm succession (4.2 on a 5-point Likert Scale), are more familiar with business entities (4.3), are more aware of the considerations involved with dividing the farm's assets (4.1), and are more familiar with benefits for those 65 and older (4.2). Participants also indicated a gain in knowledge from the presentation Stephanie co-taught on "How Much Gold Do I have? How Much Gold Do I Need?"



4-H YOUTH DEVELOPMENT

Amy Mangan-Fischer
262-335-4478

Building Leadership Skills: This winter Washington County 4-H Youth Development offered workshops on public speaking and team recruitment. Members were invited to come build their leadership skills.

At the public speaking workshop, youth learned how to calm their nervousness before speaking, how to gain the audience's attention, and how to have confident and open body language. Youth had the opportunity to practice through presentations in front of larger groups. One youth commented that they enjoyed "how hands-on it was and how we got to practice the skills we learned." Youth ranked the workshop an average of 4.5 on a 5 point scale where 5 is very helpful.

The February team recruitment workshop focused on finding the right person for the job and then recruiting that person! Youth learned that it is important to match people with roles that they will enjoy, value, and in which they can experience success. Youth considered a task that their club needs help with, brainstormed who would be a good fit for that task and then role played "the ask." Youth enjoyed the activities and had fun working as a team. They left ready to recruit new team members!



FAMILY LIVING EDUCATION

Carol Bralich
262-335-4479

Engagement with Community Organizations: The beginning months of the calendar year brings the opportunity to reflect on Family Living programming and enhance current programs. Family serving community organizations are intentionally engaged in this planning process throughout the year by sharing their clientele needs.

Professional development being offered include the topics of a trauma informed care approach for child care providers and sessions using the "Taking Care of You" curriculum. For parents, Carol will be teaching the Triple P Positive Parenting program at the Family Center. Financial capability programs are collaboratively designed with financial partners for Money Smart Week April 21-28, including a women's financial conference April 21st at MPTC in West Bend and Big Read events at county libraries. Further outreach will include sessions offered to Huber jail inmates and a new UW-Extension online self-study option (Money Matters) which also provides a financial coaching follow up call. A financial training for social workers and home visitors to utilize a client-directed financial goal achievement approach will also be offered.



NUTRITION EDUCATION (FoodWise/SNAP-Ed)

Renee Vertin
262-335-4841

In January, a three-session series was provided by Renee to older adults at Meadow Creek Apts., Kewaskum (via an ADRC partnership). Nine residents participated, and the property management staff welcomed seven more—members of the Kewaskum Women's Club—to join the group for a topic of special interest (Cooking for 1 or 2). Evaluation results: 43% committed to food-shop with a list, 14% would consider, and 43% would continue to do so; 43% intended to plan meals before shopping, 14% would consider, and 21% would continue to do so. National Council on Aging: seniors who maintain healthy weight & obtain nutritious foods (a challenge with limited income) stay independent and active longer, and spend less time/money managing chronic conditions.

Renee contributed to **Head Start's** Policy Council meeting.

She also finalized and submitted a Professional Development Portfolio to the Academy of Nutrition and Dietetics in order to demonstrate competency and maintain credentials for the next five years. (Registered Dietitian Nutritionist is an internationally-recognized designation, while Certified Dietitian is a state-established credential).