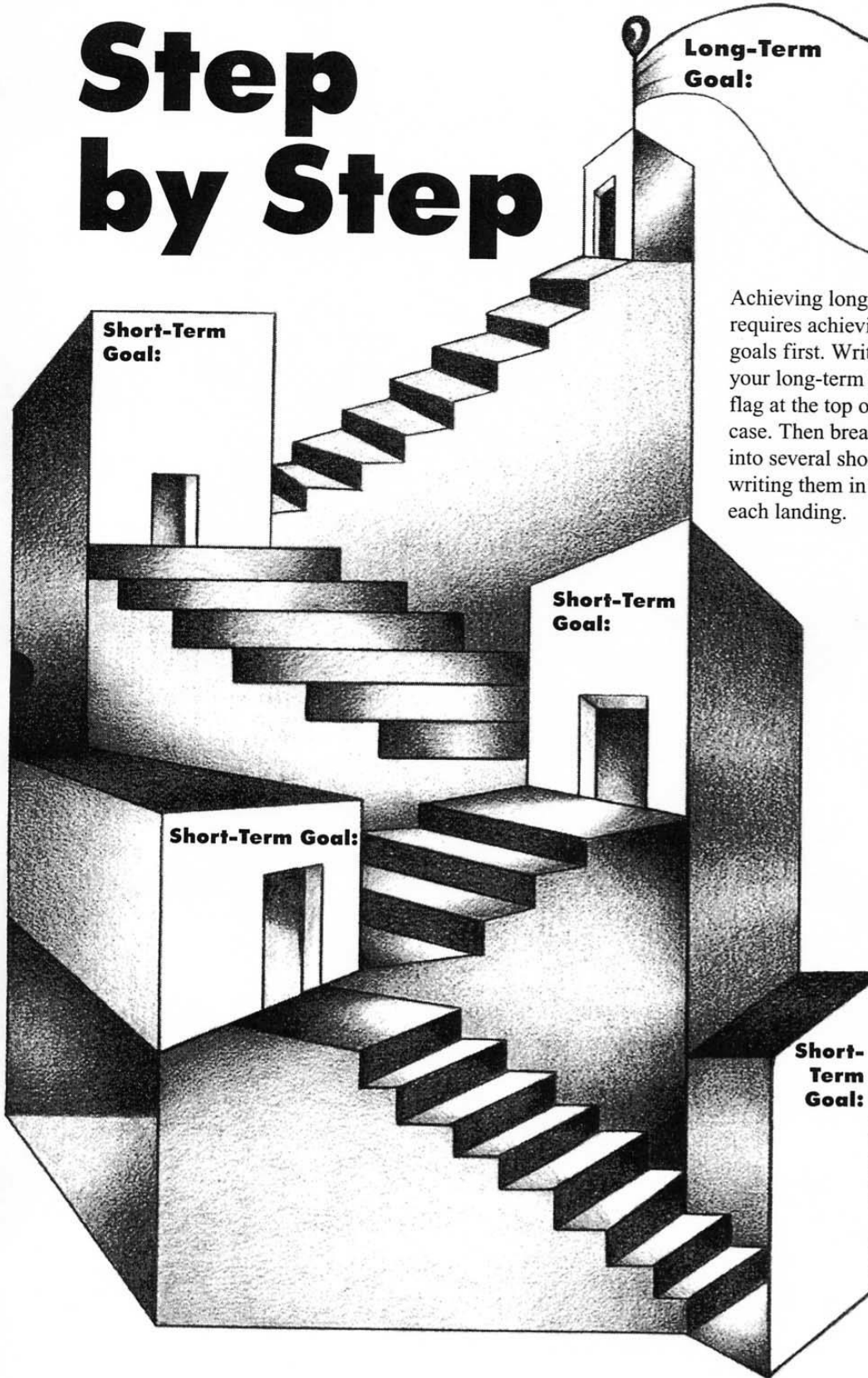


Step by Step



Achieving long-term goals requires achieving short-term goals first. Write in one of your long-term goals in the flag at the top of the staircase. Then break it down into several short-term goals, writing them in the boxes at each landing.

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