

The Shoe Game

Description: Ice Breaker

Purpose: This is a great way to learn more about a group of people, especially to find out what they have in common.

Time: 5-15 min.

Age: Almost any, depends on how well they can come up with ideas.

Materials: List of ideas in case someone is having trouble.

What to Do:

1. This is where you have the entire group take off their shoes and stand behind them.
(Note: The person leading this activity won't have their shoes in the circle and they start in the middle.)
2. To begin say "the wind blows for anyone who blank" and anyone who has done/has that thing has to find a new spot behind a different pair of shoes.
3. The person left in the middle then has to come up with something. You can't go behind the pair of shoes next to yours or back to your own spot.

Suggestions for Leaders:

- Give an example and have one of the leaders go first; it helps everyone know what is going on beyond the rules.
- Create a list of starter questions, and then have a bowl/hat/dish available with suggestions.
- This can work for almost any size group, although I would suggest it for at least 6 or more. The bigger the group, the longer the game can continue although you can cut it off at any point in time.

Alternatives: Use the facilitator's shoes as a pair for someone who doesn't want to take off their shoes otherwise you can use one shoe for a place holder.

Reflection Questions:

Are you surprised about how many or what people said, agreed with?

Do you think that this would help people to learn more about other members in their club?

Did you have fun?

Leadership Emphasis Examples:

The wind blows for club officers.

The wind blows for anyone who has been on a 4-H trip of any kind.

The wind blows for anyone who has given a demonstration.

The wind blows for anyone who is in the Youth Leadership project.

All of these things are good ways to become a good leader. Do you have any ideas why?

They put you into positions where you need to lead, they help you meet new people, and they give you practice and confidence in teaching a public speaking, for some examples.

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